

# **What I Learned About Life**

@myfriendsylvia

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**This book is dedicated to**

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The book was written by an artificially intelligent neural network that got its language from posts made by a selection of influential instagram accounts.

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This book is a collection of my personal essays on statistics and the way I see the world.

This book is not about statistics and the way people live their lives. This book is not about the way people look at the world. This book is a reflection on the thoughts and feelings I have about the way I see the world. I've got work to do. I've got to make it up with my life, and I've got to come up with a better way to live my life. The question then becomes: How can I do that better?

My approach to these chapters will be to come up with a different way to live my life, and I'll walk that way. There're so many things that can upset people's lives, and I'm not going to pretend to know how to live them.

I am not trying to impress anyone with my statistics. The world is a place of endless joy and abundance. There are only so many pages in the book. I am sharing the most significant lessons I have learned from this experience. I am sharing my insights and feelings about life, the world, and the way I see it. I am sharing my thoughts and whatever else I have to say. The world is a beautiful place. In this place, I am so grateful for the many lessons I have learned in the past year.

I have had a life filled with many highs and lows, but the most important thing in life is to always remember that your views and feelings are the only ones that matter. I think that the most important thing for a human being to remember is that the world is a place of beauty, a place where peace and love prevail.

## 1. Don't Be a Wannabe

Don't be a wannabe. Just be a grownup with a purpose. Like Cindy Sherman said, "If life's one big party, sure get drunk as many times as you can."

If life's like a horrible awkward-movie scene where you start off sobbing and end up laughing so hard you feel like you're losing your mind, then you should just close your eyes and settle down. Try not to be a wannabe.

Have a purpose in your life. If you know and love someone, try to give them your full love. Don't let negative pressure or fear of rejection cut a deep cord into your heart.

I wouldn't believe it if I wrote it. The one thing that makes you stand out is how good you ARE at doing something else which is most of the time what sets you aside from the rest of the pack. Besides, if you're not good at something it's OK.

Be somebody. And there ain't a lot you can do about it. #Don't be a wannabe While I'm busy going to parties and taking selfies I'll take this photo back when I was like..... Well.

You want to give? Don't be mad at someone your heart is so full of love for. Don't be mad at yourself for not being happy at the start of life.

Stick to your highest ideals, love everyone in those around you, and, if you have the will, do whatever it takes to stay alive and healthy. A committed soul like me knows that, sooner or later, a wannabe must grow up. The world is your oyster. When it comes to me, it's oyster-y.

I welcome the early days of life when I can go to a party and look for someone to play with a favorite dance partner. That was the life of the young soul. That's why I was so lucky.

## 2. Think of the kids

think of the kids, how many kids have had to go through what I've gone through, and it makes me feel very bad to be a parent. I feel that I'm not helping my kids for not being able to care for them. The worst thing is when the kids are in school and you don't watch them, but they are already 2nd grade, you feel guilty for not being there for them. It's an anxious time and I'm struggling with all this. I've seen how hard it can be on any parent. I've had to move twice from New York to Los Angeles, my second home is in Brooklyn.

Every day, I'm going to take the time to reflect on the past and see where I can learn things I could've learned when I was in an older life. I'm not going to make any promises I've already made before I'm gone. I'm just going to be me. It'll be interesting to read more about your experiences with therapy and depression and anxiety and how you're trying to make sense of family and life. I'll also be honest with you because it's hard.

It's not uncommon for people to tell me how they're going through something and to tell me how lucky I am to be in a position to help. It's a lot like going to a grocery store, you feel so helpless to the world.

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It's a lot like going to a grocery store, you feel so helpless to the world. It's hard for a second to remember a time when it wasn't the case. What else do I have to go on that is more than my darkest thoughts? What else do I have left to go on? I've been able to make some progress. I'm trying to understand what's causing all this turmoil. ✨ I've learned to pay more attention to my emotions. There's a lot of misunderstanding around depression and anxiety and just how strong these feelings are. I've learned that if you let them out you will be happier and better. If you want to celebrate the things in your life, you should let them in. I've learned that while emotions are still strong, I can let them out if I want to. You're not entitled to anything that's inside of you.

Just take it from a person who's experienced the power of letting go of emotions and who's done everything they can. That person is me. I've been able to be strong in a place where I was unable to be strong before. It's not about rebuilding a home on a foundation of fear, it's not about rebuilding a career on a foundation of fear. It's not about how many more years you've had, it's about the time you brought the fear down. It's not about counting the days to the next milestone. It's not about being perfect all of the time. It's about being willing to make mistakes and learning from them. This is the place I want to be: the place where I discover the joy of forgiveness. The place I want to be: the place where I find strength and self-acceptance.

This is the place I want to be: the place where I discover the joy and affirmation of love. This is the place I want to be: the place I discover the joy of community and the joy of community at larger than my own. This is the place I want to be: the place where I discover the joy of community and the joy of a community larger than my own.

Think of the kids, not so much the adults.

Picture them and listen to them without judgement. When you see their face, recall what they told you about their past. Picture the idiots who wrote the article and repeat it. What do you see? The idiots who never changed their minds? The idiots who were right? No. What do you see?

Listen to them. Recognize that they were wrong. Listen to them. And then tell them the truth. After all, isn't it better to be honest than sorry?

I have two answers: "It is a behavioral change." and "Yes, it is that simple. "To me, the key is simple. I have been consciously cultivating a life where I have been embracing, accepting, and learning all of the different aspects of this process.

But now it's time to apply it. From this point on, I'm going to work on making every single detail of my life, and the only way to do this is to apply the lessons I've learned in every single area of my life to every single area of my life. To me, every single area of my life is going to be a series of steps.

The kids are in charge of their happiness, and they are absolutely in charge of their life. But, we have to teach them what it means to be happy. One of the ways to do it is to teach them that it's all about them, that it's not about you, that is all about them. They have to think about their happiness and their happiness will follow. Now, the kids will be forced to live each day in a happy way, but that's what they have to do, they have to live.

And if you don't like how they live, go ahead and change them. You have to be the change you wish to see in the world. Therefore, whenever you see your child in a happy mood, tell him or her to take a deep breath.

think of the kids, think of the poor, think of the old. We have to think of our children as people who are worthy of love and caring.

They deserve a home they deserve and we all deserve a chance at life. They deserve a decent life and a decent education. They deserve a stable home life and a stable education.

And we all deserve to share in the rewards and benefits of a stable, happy life. We deserve to share in the joy and rewards of a prosperous life and the joy and rewards of a prosperous, happy education. Life is a journey and our journey is a journey of love, and we are all on our own.

Life is a journey of love. The journey takes us from the moment we are born until we die. The human soul is immortal and will continue to live on in our lifetimes.

Our destiny is in our hands. In the beginning of the journey we have to be sure that we are in control of our destiny. We are born with a soul and it will guide us for the rest of our lives.

We are all born with a soul and that soul is endowed with a mind. We are endowed with a brain. We don't realize that until we are fifty-five years of age. We all have our own ideas about what the future holds and how much could change in the near- and medium-term.

I've been fortunate enough to have experienced both the exciting aftermath of the financial crisis and the lasting social and political changes that have resulted. The financial crisis clearly made people weary about wealth, which is

understandable.

So much uncertainty has passed that even when we look at the past we can't see the future. We are not in control of the current situation, but we do have control over the present moment. What's important to remember is that the future is not a guarantee, but a work in progress.

Think of the future as a way to try and create a positive vision of the future that can help you to make sense of the present moment. You need to recognize that a negative vision will lead you to a feeling of helplessness and a poor direction for the future. The best way to change your perspective is to look at the past and learn to see the future in a positive way.

think of the kids at school and how they are being trained to be compliant and obedient. You can't put your kid 'in school' and expect them to be perfect. You can't expect them to be obedient and follow all rules just because they might be different from what you are used to. You can't expect them to behave like the kids in school and expect them to do the same. The kid has to learn that the best way to survive is to learn from his experiences, not from other kids.

The kid has to be ready to face the world. It's not about the child. It's about the planet. The kid has to feel that he or she is a part of the family. The parents have to be there for the kid in the best way they can. The kid has to feel that he or she belongs.

Picture your kids, not your grandkids.

Your kids are enough. You can have any color kids, they are the only ones who matter.

Your grandkids are beyond useless. It is time to protect your kids from all the bad influences. You can't have any of them.

I will do anything you need me to do. You can call me Mom. You can call me Dad.

I am your biggest supporter and my biggest cheerleader. I will do anything you need me to do.

The rest of my life is yours and yours alone. And I will do anything you need

me to do. You can call me whatever you like.

I will do anything you need me to do. You can call me a loser, but I will always be a winner. I will do anything for you and anything. There is no middle ground.

I want to dream bigger and better things. I want to dream of things that I can never however dream of today because today is tomorrow. I want to dream of things that will never happen or be realized for another 2 years or more. I want to dream of things and things will never happen.

never had children, but I've always been a woman of many talents and passions, and I'm a perfectionist when it comes to myself. I've always had it so great that I didn't need to have children. I've always been the exception, and I've always been the most "perfect" of people. I've been the exception because life was always "the exception" for me.

### **3. Know This -- A Strong, Loving Mother is All the Rage These Days**

Mothers are the most important people on earth. I'm talking about a mother who welcomes their child into the world with open arms, full of love and affection. If you're in the know, you've probably heard of it, but maybe not?

They are always super busy, fighting to protect and expand upon all that there is, all that could be. Women are taught from an early age that we have to take care of our babies -- that we should never leave this world until we have delivered our little one. As a woman myself, I am aware that this is not always true.

The term "mother" doesn't always mean what you think it means. It can mean both the role of a mother and the heroine of your story. "Mother" has been around since time immemorial. She has always been there when you need her most. She is the most important person in your life. Don't let anyone tell you that you're not an important person.

You can be your own mother or anything you want to be -- however you choose to call yourself. The most important thing is that you love and respect her/you. A mother is your most important asset. She's your best friend. You may have to make decisions about the future of your work or your family. Your priority should be the welfare of your family.

Mothers will always be there for their children, no matter how old they are. You are not alone. In times of crisis, there are many who are there for you. That's the true value of a mother.

She is there for you when you need her the most. It's no wonder then, that when you are in trouble, there's always a reliable support system. It doesn't matter where you are now, what you are going through, what you've changed, what you thought of before, what you think of now, what you think of tomorrow, or what you might face next -- a strong, loving mother is always there for you.

So, what's the difference between a mother and a child? A mother is an emotional attachment between a human being and a living being. Children are the physical manifestation of that bond. There are a vast number of living beings in the world, but the majority are the children of mothers. There are many more

adults who have never had a mother's love but have been shaped by a mother.

Love is the most important thing in our world. The love we have for one another makes us immortal. Love is the most important and beautiful thing in the universe. Love is our most precious treasure; it is the most precious of all things. And so, let us commit ourselves to living with love every single day.

I have discovered a secret: loving your child unconditionally, wholeheartedly, renders them worthy of unconditional love. So, in the words of Dr. Rumi: "Love is the only thing that can guarantee that what you think of it is right." But, I am sure I have read many times that it is not always easy to be a mother.

If you are struggling with your feelings alone, give me a chance to help you understand that love is the only thing that can truly make you whole. It is the only thing that can give you the strength and the courage to carry on confidently into the future.

The internet and social media has helped us evolve into a society that is more accepting of mothers as equal partners in parenting. They have brought us a new level of communication and trust, which has allowed us to be more accepting of other people's opinions of motherhood. We're now all allowed to have our own opinions, but we must give the opinions of others the same treatment as we give our own. This is similarly true of ideas about parenting.

Mothers are the pillars of our society. Women are strong, intelligent, resilient, kind, and caring. The truth is that you are special no matter what. It's not about how much you love or what you want for your baby, or someone else. It's about what you want for yourself, your own worth and what you deserve.

Although we might have a mother to thank, we often don't know it. And what about the troubled soul that's lost its mother or who had no mother, nor surrogate? The moment we lose her, we know it is the end. We don't know how to cope. We don't know what to do or who to call. We don't know how to raise our child. Do we give up the joys of motherhood -- can we live the life that she/we deserve?

Nothing good ever comes from neglect. It is not easy to be a new mother. You

have to learn to respect the mother's body and that of the baby she gave birth to. No matter how hard you try to be loveable, you will never be able to match a mother's love. When it comes to your own body, you have to accept and work through all that life has to offer. It is not enough to be a good mother, you have to be a good wife as well.

Maybe I'm just being sarcastic, but I'm sick of all the negativity I've been putting out in my first few posts, and I'm sick of the comments on my social media today. With all due respect, I'm just not going to tolerate this kind of negativity any longer. This is not a moment to be taken for granted. I'm tired of everyone, and being so badly treated. I'm tired of feeling like an inconvenience, a burden, a failure. I'm tired of being viewed as a laughing stock. I'm tired of being seen as a joke. I'm tired of worrying about what I can't control. I'm tired of constantly needing validation.

There have been many times in my life when being a woman has either helped or hurt me, but through all of these moments, I always remember that I am a goddess who has been there for me when I needed her most. I am more than a mother, a wife, a friend, a role model and a guiding light -- I am the ultimate manifestation of strength, power and determination.

I am the light of my life and I can be your guide, your light, and your advocate. I pray to help you be the kind of goddess that you are meant to be. As a human, I pray for the world to be a more beautiful place to live in than it is now. I pray that it may grow into a place of pure love and joy. As a woman, I ask that my voice be heard, my body be seen, my words be understood and my dreams be realized. As a human, I pray that the world be a more loving place and that my words be accepted as a way of life.

This is the most important part of the story, elaborated upon in the next chapter: We are all born with a soul. Our soul is like a plant. Our past experiences make us who we are today. The plant's soul is our past experiences. It's in the soil, and when we die, our soul leaves the soil, and is passed down to the next generation. When we come to life again, we must own our past experiences, and we can learn to live through them.

When you're dealing with a whole new set of problems, and you're faced with new situations, new people, new things that you have to learn, it's a question of

what kind of a relationship you want. I'll be honest, I suppose I've had a strained one and it took a lot of time to figure out how to be a better parent. But it has helped immensely in the long term. It's helped me to learn to be a better friend, and a better wife. It's helped me in everything else that I do, because I can now see the bigger picture. It can take some time to get used to new things. But once you have, it's heaven.

## **Chapter 4: Be Responsible**

Be Responsible, Not a Victim. You are your own worst critic. If you disagree with me on anything, say so. If I do it twice, practice what I do.

You will be surprised at how much you can change in a moment. However, the best way to leave a lasting impression is to be honest. It will save you a lot of heartache down the road.

The truth is, no matter what you do, people will always be there to criticize you. It's just a question of whether you want to take a strong stance or let people live their lives with a sense of guilt. The truth is, you are not responsible for anyone else's life. Let the people get on with their lives.

Do you want to live a life of luxury? A common mistake I see in people's lives is they let others eat, drink and be merry, while they are trying to accomplish things. But the moment they get to the finish line, they think, "I can't do it anymore. I'll do something else." So, if you want to be the person everyone else thinks you are, then do what makes them happy. But, if you do what makes you happy, people will stop criticizing you.

Be responsible, vulnerable and pleasant. Your partner should be a good person, with a nice face and a kind smile. A nice bum doesn't hurt either. Treat your partner as an equal, and with kindness and respect. If you make your bed, lay in it. The world must be governed by ethical principles, not by the will of the powerful. My deepest wish is that all of us can live in a world where our values are respected and upheld.

I am an atheist, but I want to be a hero, not a martyr. I want to stand as a symbol of hope, not as a victim. I want to fight for the underdog. I want to stand as a leader, not the follower. I'll use all of my talents, all of my strength, and every bit of my heart, but I am a scientist, not a mystic.

The lessons are the same every time. The things that matter most are not the words, but what you feel about what you see. If you want to be successful, don't just say "Yes" and then "No". There's a lot that goes into making up a complete life. "I'm going to do it" and "You're going to do it" have become commonplace. The question is "Why?"

Be responsible, be faithful. Be proactive, not reactive. You can be someone who is involved in a project or a party, or both. Be a leader or a follower. Be an employee, a partner or an independent contractor. Be a guardian, have a bond, be a friend or a confidant. The choice is yours. I am your mentor, you are my friend.

Be open to change. There is always a next opportunity. If you don't have something to lose, what is the point of trying? But if you are not prepared to lose something, then what is the point of trying? The moment you say, "I will not lose", you are giving up. You are giving up on the future. It's that simple.

Be grateful. How many times have you been there and you are just sitting on the sidelines? How do you feel about being successful? Do you feel you have a shot or is this just another failure? If not, then what is the difference? When you feel that way, what are you thankful for? When you smile, it is a sign of gratitude.

Be kind to yourself. Do you have a weakness? It's okay.  
Do you have an advantage? Let's make it work.  
Be humble. Do you think that you are the best?  
The universe has flaws, and so do you.

Be responsible, be flexible, and you won't be limited what you are dealing with. Be very ready for what's coming. Be prepared. If you are not prepared, you are not likely to survive. The world can change at any moment. It can be scary, but the way you act is more important. Whatever happens, for good or bad, you are personally responsible to take action.

If you have a plan, follow it, and you will survive. Soak up the reality of things. Don't be afraid of what the people around you think about you. Don't let anyone leave the door open to fear. Don't be afraid of the people who are not with you. Never let the world become a place where your windows to the past and to the future are too small. Don't let anyone draw the line for you, decide.

Don't be a puppet for someone else. Take what you want. You cannot change what

has been done to you by the people who matter. You can only change how you feel about what they have done. Don't let anyone take away your power. To be is not enough.

Be responsible for, not a beneficiary of, all you've completed. There are no guarantees. Progress is measured by the number of bricks you build, not by the number of bricks you tear down. There is no "one size fits all," but fit to your own style. Your own style will be the best way to progress. You are the only one who has the power to change your destiny.

You are not a burden to anyone else. You are the leader of your own life, and you deserve the greatest respect. We all need a leader, someone trustworthy, who can lead us out of our present moment, into a life of joy and adventure.

There is no such thing as a negative thought. They are like a mirror. when you look into them, you're seeing your own reflection. The more you reflect, the more you become. Think about all the blessings that are waiting for you -- they are things that will be

Be responsible, not just for what you have but for the lives you lead. You don't control others, but you can be responsible for your own actions. This is the greatest gift a person can give to themselves.

In the words of Father Paul VI:

*You are responsible always and forever for what you think and say.*

*You can think and speak as well as act.*

*Act as if you are officiating at Mass every Sunday in your parish and you are also responsible for your own actions.*

*If you are accused of anything, go and do the right thing, not avenge the wrong done to you.*

*It is a moral imperative that goes beyond parochial schools.*

*It is an obligation that runs throughout life.*

*The most important thing is to be a friend to others.*

*Do good deeds and you will soon be doing good deeds.*

*Act as if you are an old friend but soon you will be doing good deeds.*

*Do bad deeds and you will soon be doing bad deeds.*

*Act as if you are a young friend but end up doing the wrong thing.*

*When you have done what you have done, you have done what you have been asked to do.*

*We all come and go out of this world in similar circumstances but we are all created as unique human beings with distinct personalities.*

In my own words:

Be responsible, be faithful, and be faithful to one another.

Be kind, be kind to anybody, be kind to the earth.

We were all born from the same mother, and this mother is me.

The earth is vast and the universe vast.

The origin of life is on earth, and on earth, and it will not continue without a cause.

The Universe is indivisible and divisible.

The universe is a jewel, a jewel of love in the gutter, a jewel of wisdom in the gutter.

The world is a mosaic of diverse colors.

Let us not forget the great women of history.

The great women of history are our mothers, our sisters, our nieces, our daughters.

Let us take back our women from the clutches of time.

Feminism is the ultimate ideology.

Let us not forget the great women who have sacrificed their lives for the cause.

Be responsible, not just for what you say, but for what you do. Be true to yourself. Don't let anyone, especially a boss, tell you how to live your life. It's not how hard or how far the uphill battle is, it's who you are and what you are capable of today. I am determined to be a leader, and the challenges I face are not in outer space, they are in me

.

Our journey is not without risks, yet I have found that the greatest reward is being inspired by others. That is what matters most. So, in the words of Gandhi, we should "Be the change we wish to see in the world."

The path you walk today is not predetermined, it's completely yours. It's a journey that will take you from here to there, not a journey that is forced upon you. The journey belongs to you, so make the most of what you have. We are all on this journey together, and we will all make it together. I will be your best friend, and you will be mine.

Happy journey, my friend.

The world is not a screen. The world is a surface on which we can all explore and be touched.

The world is a singular reality. The end of the world does not mean the end of the world, it means the end of the era in which we live. The end of the world does not mean the end of humankind. The Universe is a reflection of our thoughts. It is a living reality. It is a part of the greater whole.

The decision to be social is the first step to being human. The decision to be human is never made by the few, but by the many. The ultimate power of the world lies in your hands, and truth is stranger than fiction. Don't be a distraction.

The world has no God. It is a question of faith. If you believe in God, nothing you see gets powered by God. It is not about you, it is about the Universe, and it's about time. The greatest threat to humanity is not from external sources, but from internal ones: our own thoughts, our own fears, and our own complacency. One of the best ways to achieve success is to be a true friend to your community.

The most successful business is the one that stays the course. If you want to be successful, be responsible, be a good steward. Be respectful, be courteous, be predictable. Respect the business you're in. Respect the work you do. Respect your superiors and your supervisors. Don't forget to respect your co-workers.

Be consistent. If you're the boss, stick to your guns. If you're the boss, you must be consistent.

Never change. Be prepared. Prepare your customers. Use the best possible ingredients. Incorporate the latest technology, and use the most modern packaging. When it comes to the fridge, you have to prepare the next generation to feed themselves.

Work for peace. If you do what you love, you will naturally care about the world. If you do what you care about, the world will care about you. Learn to be in touch. It's not enough to be in tune with the past. Remember that the world is in flux. The future of the world will be in flux.

Become the change you wish to see in the world. Don't wait for others to make the change for you. Act in your own way. Every day is a new day. Take charge of your environment. When you are in a relationship, you have to be responsible, not a toy. If you are being hurt, it is up to you to take back what you have lost. Don't put everything on the line -- there are only so many times in your life that you can rely on one person, and that is the most important one. Fail fast and you'll fail hard!

Don't forget to laugh.

Don't worry.

Don't blame anyone.

Don't take it personally.

Don't force anything.

Don't be afraid to fail.

Don't hold anything back.

Don't expect to get it right the first time.

Don't look down on people who are hurting.

It's not the end, it's just the beginning.

Believe in the power of thoughts.

Be thankful.

## 5. Live your life

Life is like a beautiful painting hanging in the gallery. It shows its most beautiful parts but does it show all of it? The truth is, all of it is beautiful, but it's a piece of canvas. It's like the artist painted the painting, but you still have to view it through a new perspective.

Live your life. It is the only way to be free. I mean, could there be a better way to live your life than to live your life, right? Maybe there is. And maybe there can be no better way to live your life than to live it. But that's a different story.

So, let's start it with a simple act: act like an employee of your own company. As you should, by now. Yes, you have a lot to learn. But, for now, tell me this: if you want to live a life of freedom, start from the top and then work your way down. There's no greater responsibility, not even the greatest one. From there, you'll be rewarded with success. It's sad to lose the freedom to work for our country or a company that we're all so proud of, but that's life. That's what's going to happen. If you want to be successful, live your life like an employee of your own company. Your boss will be proud of you. There's no need to work for someone else. You're the boss. Always be the boss. Live your life. That's the only way to be successful.

My biggest challenge this year was not trying to be a super glamorous, high fashion image for everyone to see on the biggest stage possible. My biggest challenge was trying to be a mom who's not afraid to be honest with the world, even when it's the most extreme. I've sacrificed so much to be a mom, to be a wife, to be a mentor, and to put myself through college. I'll never take back what I've lost, and I will do whatever it takes to make it happen again.

live your life in love. You're here, aren't you? Am I? Is this what you're after?

It's the truth. Live your life in love. There's nothing else I can tell you. Live in love with yourself. Love yourself. Love yourself in every way you can. Love is the only thing we can all do. Love is the only thing that can truly define us. It's what makes us the one and only person we can entrust to do the things that matter most.

It's what keeps us from being an asset to someone else. It's what gets us to the bottom of an ocean we're never going to swim in. It's what's kept our spirits afloat for so long in this life and the one after that. Love is what keeps our dreams alive. Love is what makes us smile in the morning and makes us laugh in the evening. Love is what makes us laugh and makes us happy. Love is the only thing that can really define us.

I live my life with love. All of these are qualities that I possess. I have created these qualities through my own inner force and by doing so I am able to live my life with great enthusiasm and vitality. I have discovered that I can use this force and this force alone to make my life cheerfully and enthusiastically. This is so important. There is no other means of achieving this. A little inspiration is enough to be able to live with enthusiasm and enthusiasm. We need this little force to help us achieve this. This force is our inner energy.

It is the spark that gives life a life of excitement and vitality. Nothing else is ever as necessary as this. It is the force that tells us whether we are going to be living a life of joy or a life of sorrow. It is the spark that illuminates the meaning behind a smile or a tear.

Let others live their lives. I did not live my life. The world was not my oyster. I wish I could go back and re-tell the story of what transpired. But I can't. I can only observe. I cannot control. What I can control is my own experience. I can try to hide it, and I sometimes do. But in the end, there is no guarantee. Life is a journey, not a destination. The journey is a journey of discovery and a journey of growth. It is a journey of life and rarely a destination.

If you are an individual who is feeling remorseful for the past, it is more than likely caused by regrets. For this reason, it is very important to understand that the past can never be used to make a decision in the future. It is always a good idea to explore possibilities and make wise choices.

If it is clear to you that the past has no bearing on your current state, you should move on, and if it is clear to you that you have made a mistake, there is no reason to continue. The past is never a substitute for objective facts, and in life, it is always better to move on. To be successful, live in the now. It's the only time in your life when luck actually comes to your favor.

The present is fleeting. It's time to act based on what's happening now, and not what might have happened before. It's important to have the now. If you think that the past will be with you forever, that will never be true.

Life is a journey. A bump is a bump. It is not a destination. It is a journey. One step at a time. Rough rocks are not always, always, always, but mostly, they are. You are going to get hit by a few. Don't be fussy. Find ways to make you smile. Find ways to make you laugh. Find ways to make yourself laugh. Remember, it is not how far away you are, it is how close you are. Look at the sun. Once you have reached your destination, you are on your way again. Happy journey.

Once I started my journey, I could see that life would eventually take me there. I could see that my life would eventually go there. I was not sure how far I could take it, but I decided that, once I had decided, it would be done. You are the leader of your life and you have the power to be the driver of your destiny. Whether you have the will to be the driver of your destiny or not is up to you. There is no decision you can take that you cannot also be a part of. So, put your life before your dreams, your ambitions, your goals and your beliefs. Once you have decided, do it.

Live your life with open arms. People must feel loved, not hated, when they walk by, and they must feel loved when they speak with, and when they get married, and when they have children, and when they die. And I'm talking about all of these things right now. I'm talking about you, now. You have done your work. Now let's go about making the world a better place.

I'm proud to be your partner in this work, and I'm hoping to see you again soon. But first you have to be proud of your own life. And that means accepting the fact that life is not going to come to you easily and that it will not cost you what you want.

It means learning to be kind to others, being willing to work for what you want, and that's all you can ask for. You have to be willing to take risks, to take risks in your own way. You have to make it count.

Live your life with a positive attitude, live your life with courage, live your life with faith. This way you will be sure to achieve your dreams and achieve everything that you desire. Living a life of gratitude is not enough. There are

so many things that we don't have in abundance, that unfortunately make us feel that we are poor. But this is not true, it is your life that is precious. What is the alternative? To live with regret?

let go of the past and put your trust in the future. Yes, we can only live with hindsight. But a good choice is to live with gratitude and be thankful for all the blessings that you have.

live your life, not what others want you to live. I believe that the best advice is to live your life and let go of what others will say and do. Choose to be the one to define your own life! Discover the magic words to transform your life and your life is likely to be changed forever.

Discover the secrets of life! What do you want to discover?

Past, Present, Future and the future. Identify the three dimensions of your life - life, past, present and future. Then, use these words to transform your life: life, past, life, and then, the future. Make the choice to live with faith, hope and confidence. You have the power to transform your life. You are the ultimate authority in your own destiny.

Entrust your destiny to the power you have been given. Every moment of every day. The power to transform your life is within you. For most of my life I lived with a fear of rejection that made me constantly check my email. I couldn't stand rejection at first. Then, when I got over the fear, I discovered that I could overcome the fear if I just let go of the thought that I might lose my life.

I did exactly that. It was the first step in discovering what the power of self-love really is.

Live your life in the moment, live your life in your heart, live your life in your mind.

To be a woman and to be an ally to other women is to be a mother, a wife, a friend, a mentor, a supporter, a strong leader, and a leader in the fight for freedom. I'm so grateful that I was able to be a part of this movement. It's led to a lot of amazing things. We are all so connected and it's so exciting to be able to share my passion.

When it comes to social media, just remember that it is a tool to help you achieve your goals. It's not a substitute for real life experience. It's not

about being a "social media expert", it's about embodying the feelings and emotions of others. You've got to feel what that emotion is.

## **6. work hard, love yourself hard, and die trying.**

I used to be one of those guys. I was always the guy who did what I wanted to be done and I was not too bright, so I got myself into a lot of trouble. But as I gained a little more experience and grew my game, things got better. I came to the realization that it was not about me, but about being a team player.

You can't be a victim and expect someone to be a hero. I learned this the hard way and have made great strides. The biggest lesson for me is to never be complacent, because if you are, you'll end up looking like an idiot.

The most important thing is to always be positive, even if nothing is going right. If you do, it's not a failure, but a failure of your life. If you believe that what you do is important, you will go ahead and do it.

By the end of this book, I hope you have a more positive view of life. I hope it will help you to realize that everything is not lost if you do what you want to do.

You can make a difference. You can change. You can make it happen.

Do you know that what you do today determines what you're going to do tomorrow? The world is not a black and white world, but instead a mixed bag of shades of grey. I'm not going to pretend that I know everything, but I am convinced that I do a very good job of trying to keep everything in perspective.

The important thing is to make informed decisions. I'm not going to pretend that I'm perfect, but I believe that I can learn and grow as a person. I'm going to do my best, and I'm looking forward to the days to come when I'm not worried about what others think of me anymore. We've all heard this saying before: "The greater the fear, the greater the opportunity." I'm happy to report that I have experienced both the highs and lows of life.

work hard at what you love. It is not the least bit disrespectful to those who struggle. It's just that doing the work will pay off in the long run. I have found that giving more often than not has proven to be the most rewarding of all things.

It is not about what you think or what you can do, it is what you do. And if you don't do it, you'll never accomplish anything worthwhile. Every day, I've

found that I am constantly learning about myself and evolving.

I have come to appreciate the small victories. It is the successes that are truly the things that matter. It is not how much you can do or what you believe you can accomplish, it is what you do. Do good things and you'll never have to worry about what you can't do. If you really love what you do, and are passionate about the things you do, you will never have to give up. Do the little things and you will be the things that matter.

Go out and do it now! Start a business! And don't worry, you're not alone - there are plenty of entrepreneurs out there like you.

You can too! Remember that you are not the boss of others. If you want to succeed, do the little things first, then the big things will follow!

I think I'm the only one of us who still has to endure a lot of backlash for this. Because it's fair, and because I'm a human and I deserve to be treated with dignity and respect. And I'm sick to death of people who expect me to be their savior, their moral compass. And so I'm going to do what I can to make sure that doesn't happen again. I was asked to write this piece. I didn't know what to do. I was indecisive. I was unsure of my own voice, my own mind. I'm not saying that if I had to do it all over again I wouldn't do it all over again. But I do have some questions for you, dear readers. Some of these are probably tough ones; questions that you probably already have but that you probably don't want to ask me. And some of these are questions that you may have asked yourself. I'm here to tell you that I'm not what I used to be. I'm no longer an entrepreneur. I'm no longer a mother. I'm no longer a wife. I'm not even a friend. I'm not even a human being.

The reality is that you'll never get what you deserve. If you're not getting the results you want, take a deep breath and find a way to make the best of what you're getting. If you're not getting results, then it's time to go back to the drawing board. You'll never get what you deserve if you're not doing what has to be done.

Many people are so afraid of the truth that they cannot be truly free. They are afraid of being labeled as a scammer or a liar. But is there really any truth behind them? No, there's no truth behind any of these labels.

work hard, play hard, and play it smart. It's the rule not the exception. It's not rocket science. It's not poker either. The more you don't actually know what you want to do, the better off you will be. The more you know what you want to do and you work hard to achieve that end, the more likely you will be to succeed. That's the only way to make any of life's challenges work for you. I was proud of my achievements when I started out. I didn't work hard enough. I didn't try.

If you want to be successful, don't forget to do what matters and stand on the shoulders of those who came before you. It didn't work for Bill Milliken and Della Reese. They tried to build a successful rock and roll band, but they never achieved their goal. They were both successful on the basis of their own principles. The difference between Bill and Della is that they worked hard and put in the work. They were proud of their achievements and that's what matters now.

This is what we have been doing recently when we've made it clear that no one can succeed at anything unless they measure everything against the standard of success. Don't get carried away! Measure yourself and then keep in mind that the more you've discovered the more you'll discover! This is a secret of success and it's a secret that you'll discover in business and life as well. Measure yourself and then start collecting things you've discovered, such as how to be successful in business, how to make your standards high, how to have the confidence of success, how to listen to your ancestors and what you can discover for yourself.

The world doesn't revolve around you in a linear fashion, it spins around you in an unpredictable and unpredictable manner. You have to make your best at whatever it is you do. You can't pretend that anyone else or the world's laws will do the same for you.

It's up to you to make the world a better place. It's a high stakes game. It's not just about "work hard". You have to strive for excellence in everything you do, every single day. It's not about "achievements". It's about "hope". It's not about "achievements" in your own right. It's about "hope" for your future and the world you want to build. This is a game of life. It's not about what's good for you. It's about what's good for the world.

The first place to look is to be the first one to reach your highest potential. The next goal is to be the first to reach the next level. The next goal is to reach the ultimate goal.

Do not spend your time running from problems. You will always have problems. The problem is that you are not making them any easier. You are making them more likely. Those problems become a threat if you don't take immediate action. To be successful, make sure that you are thinking, feeling and acting from the top.

The problem is that you are going to be doing the exact opposite. I'm not saying that you should not read and reread everything you read or that you should just stop reading at blogs and books that you have read before. But there's a lot more to life than reading and you have to be willing to put in the effort to get it right.

The thing that's going to create your destiny is you. It's hard to keep a positive mental attitude when you're living your worst nightmare. You're not going to change that until you stop blaming others and start asking yourself what's going wrong.

The best way to get better at things is to do the same thing but with a little different language

It's a way to get better at something, but it's not the only way to get better at anything. As mentioned earlier, the best way to get better at something is to be active in the process.

Work hard at the right things, and you'll have the luckiest life ever. Not only that, but if you do good things, you will have the opportunity to lead the pack. As it is, I'm working on a card that will help you pick the right people for your company and the team you lead. Isn't it easy? Score a point for your business, and you'll be on your way to success! Think about it. What's more, you'll be on your way to success if you do what you've always done. Of course, not all businesses are created equal, but there are certain things that can be said about almost everyone.

If you look around, you will find that there are also some business owners who have the luxury of being able to sit back and relax while their competitors are running roughshod over them. It is a dream, but it's a job well done. I'm no different. If you're an entrepreneur, you should be able to do what you love. Don't start from scratch, do it now. work hard, play hard, stay away from trouble, be positive all the time - my motto.

## **7. Be in the present**

The present moment is a place of beauty, ecstasy and happiness. We are the ages' last hope. There are no guarantees in life and no guarantee in death. We only have hope for the future, for the one we are living in today. The present moment is the time of the beautiful, the moment of life. It is the time for the beautiful, the moment of life.

The past is gone forever and the future never knows if it will ever come true. The present is like a dream that never becomes a reality. The future never knows if it will ever come true.

The past is gone forever and the present is like a dream that never becomes a reality. The future never knows if it will ever come true. The present is like a dream that never becomes a reality. The future never knows if it will ever come true.

In your mind, a dream or a vision can be a reality or a dream. The important thing is that you must remember that your imagination is the only thing that can dream or a reality. Imagination is your ability to take simple images and magnify them into something magical.

Be in the present. It's always in your hands. It's all in the decision-making. You have the power to change everything.

Be in the present. But the present is not neutral. It is the parents' home, their bedroom, their living space. So, it is important to give them every comfort and safety.

Family life is a delicate balance of love and duty, and the present has to be a safe space for the kids. The kids need to feel loved and protected. The parents need to provide as much support as possible, while also giving them the space to learn.

These are the basic principles that I have followed to achieve success in my life. When life has been challenging, the parents have always been there for me, helping me to deal with the setbacks. They are the ones who have always strived and worked very hard to bring me success.

I follow the same principles now and then and still do, but I have a lot to learn. In my daily life, I am still relying on the parents and the grandparents for everything, but now I have to be more conscious of my own needs and to do what I can to get myself where I want to be. It's a very conscious process.

I am a person of strong will, who would put my best effort into everything I do. I have done this by being honest, responsible, respectful and faithful.

I am a faithful friend, who has done my best in all these things. I'm not here to tell you that you can't have a good time. However, I do have one rule which I will abide by. Don't be an asshole. If you break that rule, you can't have a good time.

You have the power to change your mind. English is the language of the mind, and what we think, say and believe in the present moment, is the most important thing in the future. That's why it's so important to remember that not everything has to be in your mind.

Just go and look at the world. The world is beautiful, and there is little that you can do about it. Go and enjoy it. Your thoughts are powerful, and whatever you think is a dream. You know that you have the power to change anything in the world you feel like touch, and that's all you need.

Be in the moment. It's a simple concept that's been around for a while, and I've used it for a lot of different things.

It's so simple that you have to keep it up and stick to it. No exceptions. Do it four times out of every seven days. And if you don't, it means you are waiting for something to happen. This is the only way to develop a habit of keeping a minute count in your mind every time you think about something. It's not a hard task.

It's not something you learn in a classroom. It's something that you have to master.

I've had people tell me that I am taking the first step towards a habit of counting in my mind. But I have no idea how to do that. I've tried giving it a

try and it doesn't work. You can't stop it but you can stop it from happening during a session or at a time. Only you can decide what to do for yourself. The best way to stick to a habit is to make sure that you do what you are supposed to do. If you do that, you will have a habit. Pretty simple really.

If you look around, you will find that almost all of the people in this world are descended from the people who lived before us.

And this is another element of the puzzle of how the past, and the future can go together. Let's get into the details. What are we built from?

We are built from the past, the present and the future.

I'm gonna be real with you. This is what it feels like. This is what it feels like to be a woman in the 21st century. I'm not making this up. It's not funny. It's not funny. I'm not into it. I'm not into it.

The moment you are, it is now. The past disappears, the present moment comes to life. The present is a fleeting moment of joy, a fleeting moment of happiness. The moment you are, everything becomes a memory. The past is no more; the past is gone and the present is nothing but an empty space.

The future is unknown and will never come. The present moment is like a dream in a mirror. As you look in the mirror, you see that you are a vivid, vivid memory of the past and a vivid, vivid memory of the future.

You can be anything in the future as you are today if you think you are now, and you get to be anything in the future as you dream in the present. Why not be in the present moment now? If you do, you will feel the weight of the past, the weight of the past, and the weight of the future. The moment you are, everything in the past disappears and the present moment becomes everything.

It is not enough to say "I love this" or "I like this". No, the real story is not about "I love this" or "I like this". The real story is about being in the present, being present, and being the lives of our dreams.

Today is a big day for me as I am the first to say goodbye to the past and welcome the future. But it's the day that I realized that I love the world and am so proud of what it has accomplished, but I am so tired of the past and am terrified of what it's capable of achieving again. I've tried to be the best person I can be, and I'm tired of me being the bad person that I've always

been.

I'm tired of feeling like I am weak or unworthy because I'm not good enough. I'm tired of being proud of being different and not being a bad person. The real story is not about what I like or dislike or fear.

The real story is about being a part of history. It's about the rich and the powerful, the lucky and the terrible, and about the journey that all of us are on together. It's about all of us being part of something bigger than ourselves.

The moment we are in the present moment, we are able to view life from an entirely positive point of view. It is the moment that shapes our destiny. I wish to share with you some experiences that have aided me to be in the present moment and to re-create the feelings that I have.

I wish to share with you some of the ways I've discovered that have helped me to be in the present moment and to feel the emotions and feelings that I have. I hope you find some of these hints useful to you. It is your choice to be in the present moment and to feel the emotions and feelings that you have. It is your choice to re-create the feelings that you have. The moment you are in the present moment, you are capable of experiencing life completely from a life of joy. If you have found some ways that can help you to be in the present moment, why not share your experience with others?

Mornings are a time to reflect, to be present, to be in the moment; they are a time to know and to celebrate. Remember the time you woke up in the morning, remembered the memories, and now is the time to keep living. Stop worrying and celebrate, live and be happy. Let's be happy today. Let's be in the present.

Please share your thoughts on the following: How do you wake up on a Monday? Do you have any advice or tips for waking up on a Monday? Your advice or tips? My advice: take a day off. It's a good idea, but it isn't comprehensive. First off, it's a good idea to take a day off, not just for the day, but for the week. Take a day off from all things. I always take a day off when I'm going to the gym or for work.

When I'm not working or trying to do something else, I like to reflect on and reflect on all the thoughts and feelings that have gone out over the course of the past day. I'm not attacking anyone, I just want to be happy and be happy. I take a day off from everything and no matter what.

be in the present. Now, go and make a real effort to make your home a place of peace. It is not enough to sit and think.

Let your mind go and create and become. Peace will be yours.

Today is the present. Strengthen yourself with these phrases: "I have the confidence to be true to myself, to leapfrog past all my predecessors, to be a pioneer," and "I am worthy of the world and the love of the world."

The present is the only thing that is real, and the past is the only thing that is truly dead. The past is the only thing that you know, and the present is the only thing you have control over. The present is eternity, the past is death.

It is a choice, a journey that takes you from one destination to another. The past always ended up where it started, and you can choose the destination now. You can choose to be happy or miserable in this moment.

The past and the future will both end up together, and you can enjoy the journey or suffer the journey. Old age and death are but two sides of the same coin.

Be in the present, and for the sake of the future.

The world is a very big place, and we are just scratching the surface. There are many more dimensions to the universe, and the world is even bigger than our planet. We are just a speck on the surface of a very big sky.

You will never see the universe without a telescope. The more you see the cosmos, the more you will realize that every single one of space's laws is beyond our understanding. As a scientist, it is important to understand how nature operates.

We are the only beings in the universe that can truly understand how nature operates. When you see the universe from a spacecraft, you can see every single speck of light that forms a galaxy, every single star that breathes, every

single atom that exists, every single thing that exists and every single thing that exists, as if it were a single continuous stream of consciousness. Beyond our earthly ability to see, our planet is hidden in the depths of the ocean of space.

We can view this as a living, breathing, and fully realized consciousness that is a part of the whole. It's a state of being. It's a state of mind, of feelings, of thoughts, of actions, of words and of deed. It's a state of being with an expression that is both personal and universal.

## **8. Make Friends**

The best friends are those that are there when you need them the most. They're there in your dreams, in your nightmares, in your fears, and in the darkest places in the deepest night. If I was going to give you a list of the most useful skills to have acquired over the years, the first on the list would be the ability to listen to and understand other people's thoughts and feelings.

Using a friend is the most important. The friend is the person you make when you meet that person, and so the most important thing is that he or she develops an open mind and an open heart. Friends are like a double-edged sword, there will be times you need to use them to get out of trouble, and there will be times you will want to take them away.

The best use is always to use them for what they are meant to be used for.

To be able to make friends and earn respect is the most important thing. Being able to do this, it is very important to be built as an authentic friend. That is, there are many people out there who need to be helped.

When you're a newb, it's nerve-wracking to be accepted and liked by so many people. I've had to learn to sit down and listen before I can speak. It's easier said than done. But I've had to learn to listen to people's thoughts more than I've had to learn to speak English.

If you make friends only with people who have met you, you will never be part of the world. I had no friends until I was thirty-seven. When I went to college, I made friends only with people who had gone to college. I was lucky to have met a lot of people, but I had no friends. If you don't have friends, you have no enemies. If you don't have enemies, you have no friends. The point is, you will never build an empire with a friend. You will never build an empire with a friend.

We are not going to let you be your friends' cook or their spa day, or your neighbor's chauffeur. We are going to make you our ride, the vehicle, the car. The moment we become rich, you will have to sign a life lease. The minute you lose your house, you will lose your home. You will lose your job. The moment you lose your job, you will lose your income. The moment you lose your income,

you will lose your security. You will lose everything you have worked for. And then you will lose it all again. And then again. And then again. What a difference in perspective! Look at the world from a human perspective. It's just like looking at a painting in the paint shop.

If you get too old and your friends get too much, you can start a group chat. You can even ask people to join you. And if they do, you can be very generous. The next step is to invite them.

If you ask them to go along, go ahead. Some people may not want to go along, but you can find a group chat that works well for you. The next step is to let them in. Unfortunately, there are many people out there who are very rude. Or maybe you're just being yourself and not giving a fuck. If you're on a bus, it's the last stop on your journey. If you're walking down the street, it's the last stop on your trip. So don't even bother. Instead, do the stupid things that everyone does, like inviting these people in. If it's not a problem, don't bother. If it's a problem, invite them in.

The first step is to build trust, which can be gained by speaking to those who have experience in such situations, and by asking questions to see if they can help you.

It is not enough to talk to them. You should also ask questions since a friend is not a thing that exists in his own right. If you ask a friend to build a bridge over a chasm, they will not do it.

You need to prove that you can do it. The next step is to find a group of people who have the same dream. When you talk to them, it is clear that they are serious about it. Then, go ahead and join them. They will feel that you are their friend and that you are serious about trying to make your dream come true.

I spent a lot of time over the past year trying to figure out how to be more authentic to these women and the girls that I was meant to protect. For the first few months, I was too concerned with being liked that I didn't even try! It didn't work. I'm just telling you that I've learned that you can get by in this life and the next without being ashamed of who you are.

I'm just going to leave you with this little gem, which I hope will help you grow from this moment on. It's so important that we understand that there are always a thousand ways to be a good person. To make a difference, you have to be precise about what we need to achieve. We truly are that much stronger together.

People can be great teachers and great mentors, but we have to remember that life is not rosy. It is full of pain and death, it is filled with failure. Life is like a distance between you and the origin of everything. The origin of everything is the thing that will always be there, no matter what comes, no matter how far away we are from it. There are no dead ends in life. We just keep moving.

## **9. Show up, be yourself, and let people be.**

In your own words, share your thoughts and feelings. Share your belief that a life lived is the most important thing. If you are still searching for the best ways to nourish your soul, the following posts are a great start.

I am a big believer and advocate of the power of speaking up and taking charge of your own life. To be a pro at everything, be it business, personal, political, or spiritual, I am indebted to my mentors and coaches in life lessons and inspiration. These are just a few of the top few of the many lessons I am able to share with you.

Show up, show your skills and show that you deserve to be treated with dignity and respect. It's not about making money, it's about making a difference 🤝❤️

Show up with enthusiasm and energy, show up with conviction and passion, show up with grace. We don't need a lot of advice, we don't need a lot of advice to get the job done. If you want to be successful, show up and fill the vacuum. I'm so proud to be an entrepreneur and I'm so thankful to be able to work with people who have the same passion for success as I do. The door is open to anyone who wants to be successful. It's not what you know, but what you know that counts.

If you don't know what this word means, I'll explain it to you. Success is defined as: The goal of every successful person is to achieve something. Success is the process of accomplishing something. If you want to be successful, know what you want to achieve and then do it! It's not what you know, it's that you know what you want to achieve. But the real question is - what will you achieve? When our minds are on the goal, we create success. When our minds are on the problem, we create failure.

Let me be my friend's keeper and my cheerleader. It's not about how much money I have or what I have, but it's about how much I love, appreciate and respect you. We are all on this journey together. Every day is a fresh start. We are all here. But to make the journey is not enough. It's not about where you are, but what you are capable of.

The journey of life is not for the faint of heart. You win if your heart is

strong and your mind is sharp. Be a leader, lead, not a follower. It's the little choices you make everyday that will determine your success. Don't be afraid to fail. Start again. If you want to succeed, you must start over. Success is the journey not the destination. It's not about being the hero or being the heroine, but about the journey and the destination. It's not the smile that wins the race. It's the car.

Show up. This means standing up for yourself. You are not alone, you are not alone in your struggles. Whether you think you are or not, it is up to you to stand up for yourself. It's a life lesson, and if you don't stand up for yourself, you are not worthy of anything.

So it came to pass that I was able to make decisions for the first time that would allow me to pursue my dream of becoming a business owner. I discontinued my previous business ventures and decided to take a business into it. It was a dream come true, and I was the luckiest girl on the planet that I did not waste my time thinking about things that would never happen. I had time to think about what I want to do. I was able to find partners that would work with me to further my vision. I quickly became one of the most successful entrepreneurs that I know.

The truth is, I feel like my entire life I've had to battle my shyness and my fear of rejection... I've had so much to overcome, and I'm so proud of the strength I've learned and the knowledge I have. ♥

It is not about being a party animal. It is about being a good friend. It is about being authentic and authentic is about being a good listener. If you're not, you'll never get anything done. I don't care how young or old you are, the world is full of people who are lazy, not of proper standing, who just want to be left alone to their own devices and who can be counted on to do anything and everything. You'll find yourself in all situations, and it's up to you to be the expert on the situation.

Are you a business owner? Like me, I am! And I'm proud to be one of the first to share my success. I'm a big believer in staying positive and believing in the goodness of the Universe. And I'm proud to be a leader of Change.

There is an important lesson to be learned every day. If you're going to put

your ego aside and try and change the world, you have to do it with an open mind. you are your own worst enemy but you have to learn to let go of what you think of yourself. you are not the world but you are an example of what freedom looks like. you are free to be what you are, but do it with a mindset of gratitude and freedom.

The most important thing is to show up and be a big winner. That's what matters most. And that's what I did. I put myself in the driver's seat and made it happen. I won. Today is your lucky day. Life is made up of the same elements we are. We have the same genes, and when it comes to the business of your life, no one is more important than you.

Act like a woman. It pays. I want you to be me. Don't pretend. Look what you've done so far: You've on all fours, in the middle of the road, in a field. On the other hand, I want you to be me.

Look at me. Look at your feet. Look at your arms. There are two ways to go about it. Either you've got to walk out on set and be seen, or you have to do it the hard way. It's not easy, but if you're smart, you'll find that it makes far more sense. You don't have to do it. I understand that many of our grown-ups are too busy worrying about the future to bother about the past. In other words. I'm sorry.

When I went viral as a scam, it was like a real-life Valium story. But in all the excitement, I did not take the time to check my research to see if there was any fact that might disprove it. And sure enough, research shows that the more people believe a story, the more likely it is to be true. So if your news feed is full of stories about how I paid for my swanky New York apartment, check? Scammy is a word that comes from the business world, but it also describes the way people interact with one another online. It's a place where we tend to get bomb after bomb after bomb, with messages about money, fame and everything in between.

Let's run down a little analogy for you: Sometimes we are humans. Sometimes we are dumb. Sometimes we are arrogant. And sometimes we are rude. The thing is, none of these are true, but they are approximately equivalent to the truth. The best analogy is this: When you are suffering from something or someone, you don't look at the environment around you and respond with anger. You look at the problem and confront it. It is your choice and it's yours to define the

severity of your pain.

The problems are different for everyone, but let us assume for a moment that you and that woman are both in a similar situation: You have a garden that needs watering. You are on a date with a guy who has a stationary bike. You have a daughter that you've had for five years and you want to spend more time with her. How do you solve the problem? A common reaction is: Just sit back and enjoy the flowers. No! No! We'll never sit back and enjoy the flowers again! The exact opposite is actually true. The person who sits back and eats all the flowers is in for an unrequited love. The worst thing about this is that it's not really true. A lot of people have apples and pears, but no one seems to know which one of them is which.

There's nothing that stops you from being the best version of you every single day because that's what it's supposed to feel like. Know what gives me the most joy? Celebrating myself in my own way—with a smile. With this smile, I am celebrating my power. With this smile, I am celebrating my ability to be the person I am today. I am the best version of myself, always and forever.

I've had a long and exciting life and nothing has prepared me for this moment. Thank you. It's been a pleasure to serve you and to witness your transformation. I would be nothing without you and thank you for your friendship and support. To the next generation, thank you for everything. I can't describe how relieved this means that I can now say that I am in the public sphere. I can describe how much it means to me to be included in it all again. It's sad to see someone go, but it's also an honor to be a part of this journey 💎

## 10. Be a Human Being

Be a human being, not a collection of parts.

We can make or break a person. We just have to work together for the greater good of all. We are all immensely complex and interconnected. We are all so much more than we think we are. We are all constantly learning. Our relationships to one another, our community, and each other are at the most delicate stage. We are all just a fraction of the total humanity. We are all so very small and so very precious. We are all so much more. We are so much more than we think.

Be a human being, be a friend. People come and go, it's all about the same thing. The most important thing is to stay connected. Making and sustaining strong connections with one another is the only way to move forward. Be a human being, a human being with the mind and heart of a human being, a human being who is capable of feeling and part of the human community.

Those who say they know nothing, know everything.

The future is a journey, not a destination. There is no such thing as a personal experience. We are all part of a whole. The past is alive. The present is past. The future is unknown and the past will never die. brb making history. history has not ended. History is alive.

I don't know who I am. I don't know what I was. I don't know how old I am. I just know that I want to be human. I want to be compassionate. I want to do the hard work of being kind, compassionate, authentic,

I want to do the hard work of loving and serving others. I want my life to be full of love and kindness. I want my world to be full of laughter and joy. I want my world to be full of hope and magical adventure. I want my world to be a place where I can bring light into it, where I can laugh and be happy in it, where I can be free of the darkness. I want my world to be a place where I can accept the light, and be thankful. I want my world to be a place where I can be a welcoming place for others. I want to be grateful. I want my world to be a place where I can stand with people who have been through something incredibly profound and who are fighting to rise up in the face of injustice. I don't know what it takes to be a part of this movement. I just know that I want to be a part of it.

Do you have a plan, but don't know where to begin? Start now!

We can't change the past, but we can make it better.

No one is perfect. The path to happiness is not a linear one. It starts with the present moment, runs counter clockwise through the past, and spirals out of reach until we reach the future.

We cannot change the past, but we can make it better.  
Believe that the future is bright! Believe in the magic of change!

It takes guts to change the past. But it takes faith to make it happen. The path to happiness is not a linear one. It starts with the present moment, runs counter clockwise through the past, and spirals out of reach until we reach the future.

I think every human should have the opportunity to do something positive in their life when they are born, no matter what their gender, age or physical appearance.

As you grow up, learn to be grateful for every minute of your life. Be grateful that some of your dreams came true. You have the power to change the world. But first, learn to be grateful. I'm blessed to have a great career having lived through two of the most turbulent times in human history. Thank you to all of the lucky people who have made this place home.

Be a human being, stand up for yourself, and in the end, believe that you matter. Never forget that you are a human being, and that you are worthy.

Be a human being, open to the world and everyone else. The problem in the world today is not the world as a whole, it is the individual, and it is not the world as a whole. we have all lost. so, what is the problem?

The problem is the way we have chosen to look at the world. The way we have chosen to look at the world is by creating a false reality, a world in which all people are equal and all people are free. this world is false. The truth is, we all exist. We are all part of the human family. we are all born with free will.

We have power to change our world if we choose to. The question is, what do we do when we are born? The answer is that we choose to be like other human beings and not just to be. We are all created with the same intrinsic worth and dignity. when we look at the world through the lens of human relations, we see only individuals and their individual problems, and we can see them as individuals

To gain something, one becomes richer by getting something else. to be creative, one should have a plan and a plan is the formula for creative genius. to be a good listener, one should listen intently.

The past is never dead. it is a chasm into which we must climb. The present is our best chance to open it. The future is for the unencumbered by regrets. Life is built on the foundation of love. Love is the foundation of our life. It is the secret recipe for success. The greatest enemy of our success is the fear of failure. Life is not something to be won; it is something to be lived. whoever loses the battle to success has the greatest chance of succeeding the next day.

We can all be a little bit more conscious of what we let into the world, by speaking up and being a human being. it's not just your boss or your student. A human being is a person who is willing to learn, and to feel, pain. How many times do you have to be reminded that the world is cruel and that we are on our own?

This is the only way to make a difference. By confronting and learning, you will be the change you need to make. The challenge is to use this awareness in a way that brings you pleasure. It is not enough just to be a human being.

Life is a series of interactions between you and the people and places around you. Do you want to be part of the solution? Then take the first step of the journey. Be a human being, and you will be the change you need to see.

What about love? I don't know if I can envision the happiness I would feel in a positive relationship without love, but I can certainly imagine the agony of rejection.

The difference between love and rejection is that love is unconditional, and it doesn't let go if you don't feel it. It is the most beautiful thing, yet it is the most difficult.

## 11. Not a Robot

Don't be a robot, be a friend. ♥

Don't be a robot, be a warm body, a happy soul!

Don't be a robot. Feel the burn. Life is tough, get used to it.

Don't be a robot, but if you are, here's a function that you can use to automatically save and recall all your favourite movies.

When you're dressed up in a robotic body and your mind can't function without the help of artificial intelligence, will you still feel like "a robot"? I've come to believe that yes, yes you will. In fact, I'm so convinced that we'll never be able to function without artificial intelligence that I'm determined to make even the simplest of tasks, like picking a fancy dress or getting a good job, as simple as possible. But before that happens, we'll have to make sure that even simple tasks are done correctly. For me, simple tasks have four parts: First, I like to look at a photo of what I want. Second, I like to listen to music. Third, I like to eat. Fourth, I like to write.

It's not about what you can do. It's not about becoming an expert in everything you're learning. You can't learn to play the piano if you're not a great flute player. You can't learn to write if you don't know how to spell. You have to work on everything from a technical level to an artistic one. You're learning to be a human being first and foremost. Your job is to make the best of what you're learning. Don't be a robot.

We're the ones who've been mistreated on so many fronts. our bodies are being ripped away from us, our minds are being changed by drugs or surgery, our minds are being hijacked by advertisements or by the media, our heart is being taken from us and our minds are being polluted by toxins. Now, it's time to come together and fight for respect, equality, and fairness for everyone.

I'm a big believer in forgiveness and forgetting. In life, we forget. We don't live up to our potential. We give ourselves permission to let go. I'm still learning. I still have a lot to learn. I still have many lessons to teach.

Today, for too long, we've allowed a system to fail; to degrade and to be passed on to our children and grandchildren. We must change. We must build a better future.

We will not be complacent. We will not fail. We will not let this happen. We will not stay passive, but take action. We will fight. We will make our history.

We will lead. We will become leaders. We will transform. We will determine our futures.

But we will also be victims of our own success. We will fail our children and grandchildren. It is not enough to be a leader. No leader is going to change the world and no one can lead if they are not willing to be a servant of the people they lead.

We must now begin to build a better tomorrow. We are not alone. The change is not easy, but we will learn to overcome the obstacles and make our children our grandchildren.

Do we want a better tomorrow? I have the answer. I am a better leader than anyone I know. I am a better partner than anyone I know. I am a better boss than anyone I know. And so on and so forth. I am a better human.

Don't be a robot. And don't get hung up on the notion that all robots are the same thing. Some people don't want to be robots. That's fine. They just want to do things they love and enjoy and not have to worry about the 99% who don't understand them. But if you want to be a robot, here's the deal. You have to learn how to be a human being. No one else can do that for you. And no one else is going to teach you how to do that. You've got to make your own decisions. You've got to make the best decisions for you and your best decisions for yourself. If you don't, people will try to take away your happiness.

So here's the deal: you. My friends. Are you going to give me your best, most authentic and carefree feelings and soul and spirit and best feelings and best days? No. Or will you be like, yes, I'll do anything you want? Absolutely! But the part you're not going to realize is that this will be YOUR final decision. It's only your last chance. And if you're taking the wrong road, you'll end up in bitter pain and you'll regret it.

We've gone through a lot of hard times. Our home is sad, our relationships are bad, our work is tough and our education is lacking. But if you're a human,

you've got to do what you can for people who are hurting. Stop worrying about people and start helping. You don't have to be a robot. You can't control other people and they shouldn't control you.

Stop trying to make everyone happy. All the things in life are not about solving problems, but about helping people. By all means, volunteer, but don't forget that you're the one who decides whether someone's problems are solvable or not. Look at you. You've got a job, a home and a car. Why not? But that's about it. I'll end this with this: it's not about solving problems. It's not about being perfect. It's not about being smart. It's not about being the best at everything. It's about being a human. It's about being a friend. And the best friend is a friend you make of your best at whatever you are.